

# BE ACTIVE

## during your studies

Take your studies seriously and challenge yourself. Get the most out of them!  
You are here to develop your professional skills.

The studies are connected to working life, which makes it easier to get familiar with the Finnish culture and traditions together with the special aspects of Finnish working life.

Your study counsellor helps you with all issues concerning your studies. In the beginning of your studies, you will draft a personal study plan (PSP). The plan will guide you through your studies and help you make the right choices for your future.

Practical training is an important part of a Bachelor's degree. It is especially important for your professional growth and expertise, and it might even lead to your first professional job.

Working life projects and company visits of the UAS courses give you an overview of local companies and a chance to show your ambitions and skills.

Take up the challenge! Study the Finnish language and explore the culture. You never know where it will lead you.



“ Career planning is a continuous process that helps you manage your learning and development „

**This is a model for international students starting their studies and heading for employment in Finland.**

This model helps you better understand the study path in the Finnish universities of applied sciences and guides you to working life in Finland.

We hope this model is a useful tool for you during your studies in Finland!

**KILKAS project team**  
[www.xamk.fi/kilkas](http://www.xamk.fi/kilkas)

**KILKAS**

*KILKAS - Competitiveness and growth in promoting the employment of foreign UAS students 2016-2018*

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# WELCOME TO STUDY AND WORK IN FINLAND



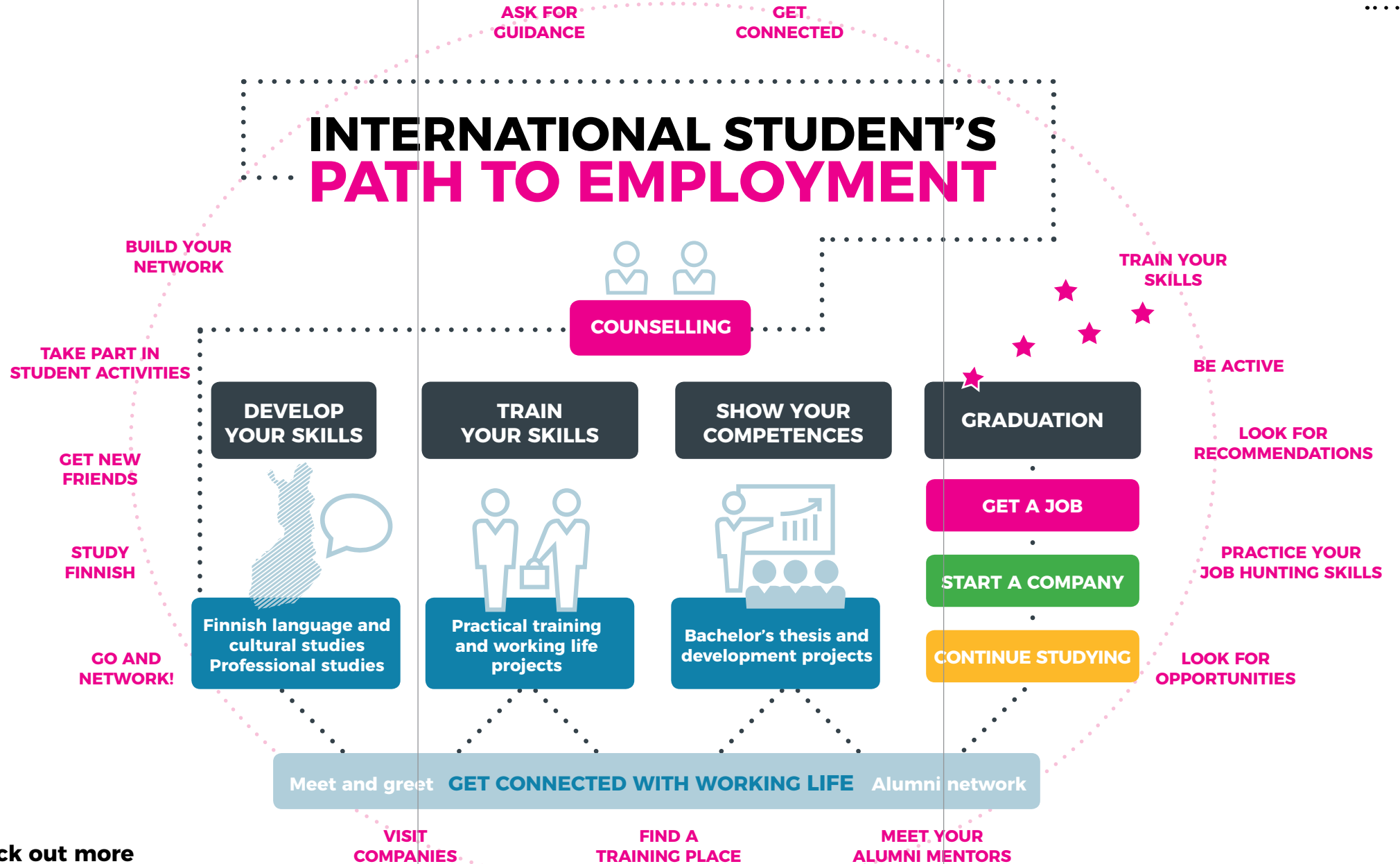
**You have made a great decision by choosing Finland as your study country!**

While you are here, you can start building your career in Finland. This leaflet gives you useful tips on how to build a career in Finland. It shows you the important aspects related to finding a training place and a professional job in Finland.

**BE ACTIVE, BUILD NETWORKS AND LOOK FOR OPPORTUNITIES!**

# KILKAS<sup>o</sup> A career in Finland - Start building your career path - YOU CAN DO IT!

## INTERNATIONAL STUDENT'S PATH TO EMPLOYMENT



Check out more  
[www.xamk.fi/kilkaseng](http://www.xamk.fi/kilkaseng)