



Birkkala Farm

www.birkkala.com







Birrkala Farm Testimonials From Amazon Market Place

Date	Rating	Comments	Market place
13/03/2018	★★★★★	"Thank you The purchase was nicely economic and healthy and well packaged and i will be shopping for more in the near future."	Amazon UK
06/02/2018	★★★★★	"Really well packaged and arrived on time and in tact. Have not used it yet, so will let you know, but it is described by seller "	Amazon UK
31/01/2018	★★★★★	"Great product. Thank you!"	Amazon UK
12/12/2017	★★★★★	"Good service"	Amazon UK
05/06/2017	★★★★★	"v gd"	Amazon UK
29/05/2017	★★★★★	"A very good product. Thank you very much"	Amazon UK
25/05/2017	★★★★★	"Came quickly and very satisfied with the product"	Amazon UK
31/03/2018	★★★★★	"Article correspond a la description.. Arrivé a temps.."	Amazon France
15/03/2018	★★★★★	"Muy Satisfecho con la compra."	Amazon Spain
15/01/2018	★★★★★	"Buen producto. Llego a su tiempo."	Amazon Spain

- " I love this flour "
An email from a German customer



BIRKKALA FARM

Pearled spelt / Spelt rice 800g

Typical values per 100g:

Energy 361 kcal/1512 kJ
Fat 3 g
of which saturates 0,5 g
Carbohydrate 70 g
of which sugars 0,9 g
Fibre 9 g
Protein 13 g
Salt 0,0 g

High in Fibre
Proteinaceous

Best before: 30.06.2019

Tiesäilysohjeet: kypsennä speltipähkinät öljytilkassa. Lisää kasvisliemi ja hauduta helmipataa n. 20 min. (Mausta ripauksella suolaa ja mustapippuria). Lisää persiljasilppu ja juustokuutiot. Helmikasvispata maistuu lämpimänä tai kylmänä sellaisenaan tai kala- ja liharuoan lisäkkeenä.

Birkkalas speltpärlor är smakligt, inhemskt och ekologiskt alterantiv till ris och kan användas till wok, risotto, sallad, paella och gröt.

BIRKKALAS SPELTPÄRLOR KOKANVISNING

2 dl Birkkalas Speltpärlor

4 dl vatten

ca ½ tsk salt

lite olja

Koka upp vatten i kastrullen. Tillsätt Birkkalas speltpärlor och salt. Bräsera under lock tills vatten har avdunstat (ca 20 min). Sist tillsätt lite olja.

BIRKKALAS LÄCKER VEGETARISK SPELTPÄRLGRYTA:

200 g zucchini, 100 g purjolök, 200 g paprika, lite olja, 2 dl Birk-

ados para

é es esto?)



del anuncio



Birkkala Farm - Copos integrales de espelta ecológica para gachas de avena, paquete de 15KG a granel
de Birkkalan tila

EUR 51,21 ✓prime
Envío GRATIS disponible
Sólo hay 2 en stock. Cómpralo cuanto antes.



Birkkala Farm - Harina integral de espelta ecológica molida a la piedra, paquete de 25KG a granel
de Birkkalan tila

EUR 51,21 ✓prime
Envío GRATIS disponible
Sólo hay 2 en stock. Cómpralo cuanto antes.



Birkkala Farm - Grano integral de espelta ecológica, paquete a granel 25KG
de Birkkalan tila

EUR 50,08 ✓prime
Envío GRATIS disponible
Sólo hay 3 en stock. Cómpralo cuanto antes.



Birkkala Farm - Harina blanca de espelta ecológica molida a la piedra, Paquete de 20KG a granel
de Birkkalan tila

EUR 51,21 ✓prime
Envío GRATIS disponible
Sólo hay 3 en stock. Cómpralo cuanto antes.

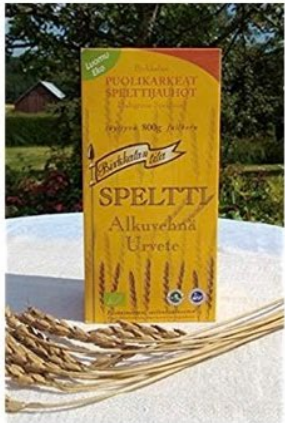


Birkkala Farm - Grano de espelta ecológica perlada (Grano Ligeramente Pulido), 25KG Bulk Pack
de Birkkalan tila

EUR 56,91 ✓prime
Envío GRATIS disponible
Sólo hay 1 en stock. Cómpralo cuanto antes.

Visualizzazione dei risultati selezionati. Visualizza tutti i risultati per [birkkala farm](#).

Amazon's Choice



Birkkala Farm - Farina di farro integrale biologica, a grana media e macinata a pietra, 6 confezioni da 800g
di Birkkala Farm

EUR 15,40 ✓prime
Idoneo alla Spedizione GRATUITA

★★★★★ 2

Caratteristiche del prodotto
... La farina di farro *Birkkala Farm* è perfetta per la preparazione di ...



Birkkala Farm - Farina di farro bianca, biologica e macinata a pietra, 6 confezioni da 700g
di Birkkala Farm

EUR 15,35 ✓prime
Idoneo alla Spedizione GRATUITA

★★★★★ 1

Caratteristiche del prodotto
... La farina di farro *Birkkala Farm* è perfetta per la preparazione di ...



Birkkala Farm - Farro integrale biologico, 6 confezioni da 900g
di Birkkala Farm

EUR 15,22 ✓prime
Idoneo alla Spedizione GRATUITA
Solo 5 con disponibilità immediata - Ordina ora.

Caratteristiche del prodotto
... Il farro integrale *Birkkala Farm* è un'ottima alternativa al ...

Amazon myyntiä 2017-2019



Birkkala Farm

13. kesäkuuta 2020 · 🌐



Riina the "emäntä"* of Birkkala recommends

Birkkala Farm Organic Wholemeal Semolina Spelt Flour & Birkkala Farm Large Wholemeal Spelt Flakes

*(Emäntä means "Lady of the Farm". Translated from Finnish to English)... **Näytä lisää**



3:llä Birkkalan emäntä Riina Lamm





Birkkala Farm

31. toukokuuta 2020 · 🌐



Honey Cake à la Birkkala Farm

The very best taste of honey season!

Ingredients... **Näytä lisää**







Roll over image to zoom in

Organic Wholemeal Spelt Flour 800g

Brand: Birkkala Farm

★★★★★ 57 ratings

Available from these sellers.

Ingredients	Wholegrain Spelt. No additives, no preservatives
Brand	Birkkala Farm
Item weight	800 Grams
Allergen information	Contains: Gluten
Package weight	800 Grams

About this item

- Birkkala Wholemeal Spelt Flour is milled in a stone mill. It is suitable for all baking and cooking. In addition to a great flavour, wholemeal spelt flour adds fibre and vitamins to the pastry and food.
- Ingredients: Wholegrain Spelt No additives, no preservatives High-fibre Source of protein
- Made in Finland
- Storage: In a dry, cool place, protected from sunlight and strong odours.
- Strength from an ancient grain Spelt is one of the first cultivated cereals in human history. Spelt has many excellent nutritional properties, such as its fibre and protein content, and suitability for many people with sensitive stomachs. Spelt can be used in many ways for baking and cooking. The flavour of spelt is excellent, delicious and perhaps slightly nutty.

› [See more product details](#)



Please Note: Price shown includes UK VAT. If your shipping address is outside UK, VAT may vary or an import fee deposit may be collected at checkout.

Learn more about [VAT here](#). Learn more about [Import fee deposit](#)

[here.](#)



Heygates Canadian & Springs Strong Wholemeal Flour 16kg

★★★★★ 171

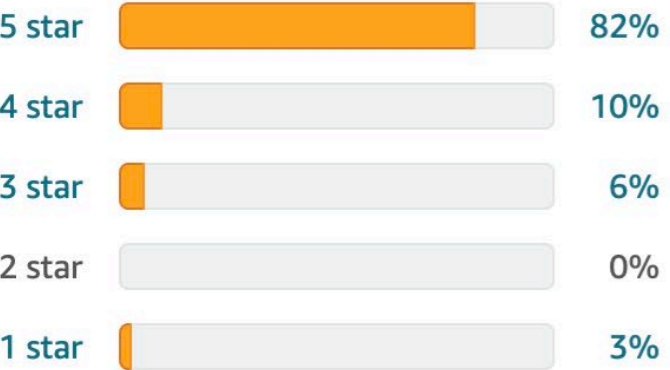
£22.49 (£1.41/kg)

[Shop now >](#)

Customer reviews

★★★★☆ 4.7 out of 5

57 global ratings



How are ratings calculated?

Review this product

Share your thoughts with other customers

Write a customer review

Organic Wholemeal Spelt Flour 500g
 £6.79 (£0.01/count) [Shop now](#)

Sponsored

Reviews with images



See all customer images

Top reviews

Top reviews from United Kingdom

Amazon Customer

★★★★★ **Brilliant flour tasty and useful.**

Reviewed in the United Kingdom on 15 June 2020

Verified Purchase

ReAllly like spelt flour. I have a problem with wheat but spelt first affect me. It's such a versatile flour and can be used for all baking.

2 people found this helpful

Helpful | Report abuse

Mr. P. Harding

★★★★★ **Wholwmeal spelt flour is the one we should all use most of the time.**

Reviewed in the United Kingdom on 13 July 2020

Verified Purchase

I have been using on medical advise as I am insulin dependent, have cancer & a weak heat after 2 heart attacks.

For all those medical conditions dietitians seem to recommend this flour.

Helpful | Report abuse

Amazon Customer

★★★★★ **Perfect for baking sourdough bread!**

Reviewed in the United Kingdom on 7 May 2020

